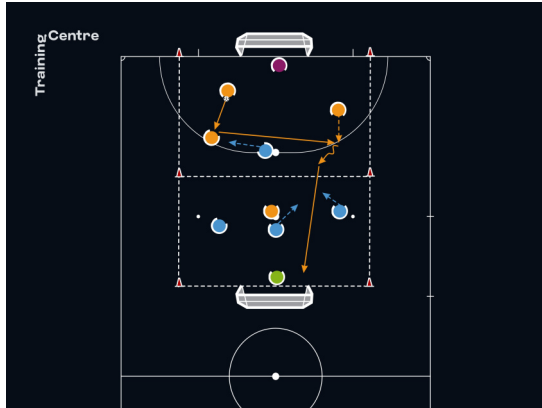


## Futsal — Shooting in tight spaces



Variation 1

### Organisation

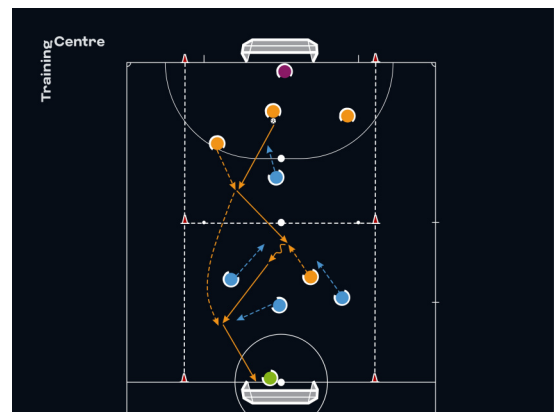
- Create a 5v5 game, including goalkeepers.
- Mark out a 15x10m playing area inside one half of the court.
- Divide the playing area into two equally sized zones.
- Place a goal at either end of the playing area.
- Mark out two wide channels on either side of the court that end 3m from the touchline.

### Explanation

- Set up a 3v1 scenario in the first zone and a 1v3 scenario in the second zone.
- The objective is to create lots of shooting opportunities. In order to achieve this, the attacking team should have a numerical advantage at all times. The attacking team try to capitalise on their numerical advantage in the first zone to create shooting opportunities

### Variations

- Variation 1: when playing the ball into the pivot, the player who passed the ball can enter the attacking half to support the attack.
- Variation 2: increase the length of the playing area by moving the goal back to the halfway line.
- Variation 3: one player can enter the attacking half to create a 2v3 scenario.
- Variation 4: increase the width of the playing area. Attacking players can occupy the wide channels unopposed for four seconds and can shoot from inside this area.



Variation 2

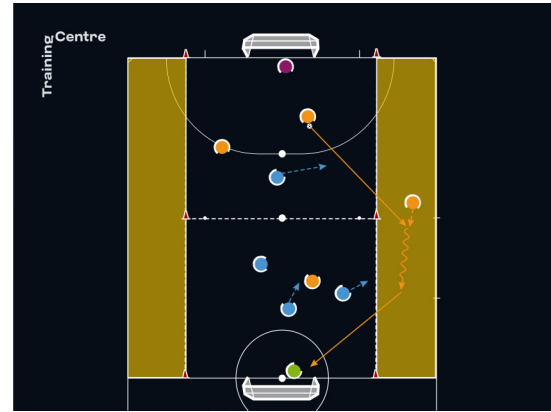


Variation 3

### Coaching points

- The focus is on registering as many shots on target as possible, even though this may result in the team losing possession for a short period.
- The lone attacker has to adopt an opportunistic mindset at all times and be prepared for rebounds and to operate as a pivot.

- Players must quickly identify when they are in shooting positions rather than shooting aimlessly from impossible angles.
- The following actions should be at the forefront of players' intentions: shoot, move to shoot or pass to shoot.
- Keeping one eye on where the goal is at all times enables players to record more shots on target.
- Excellent movement and positioning prior to the pass being played can help to create clearer passing lines.
- Retaining possession and trying to score are the main objectives for the in-possession team.
- Patience is required to engineer shooting opportunities that offer a high probability of scoring.



Variation 4