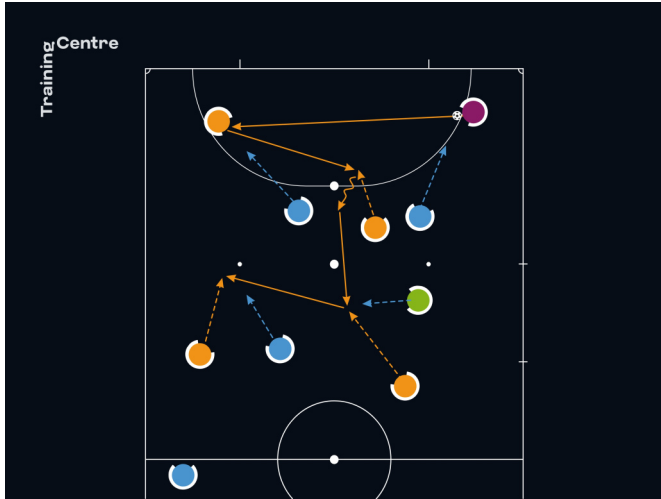


Futsal

—●— Passing to keep possession



Organisation

- Use one half of the court.
- Split the players into two teams of 5, including goalkeepers.

Explanation

- Set up a 5v4 possession game.
- The in-possession team have a numerical advantage.
- When possession is lost, the player who played the last pass before possession was surrendered has to sit out and is replaced by an opposition player.

Variations

- Variation 1: goalkeepers are limited to one touch.
- Variation 2: all players are limited to one touch.
- Variation 3: play a 5v5 with no restrictions on the number of touches allowed.
- Variation 4: the out-of-possession team have a 5v4 numerical advantage.
- Variation 5: goalkeepers are limited to one touch.



Coaching points

- Players should focus on ball retention and try not to play loose passes.
- Forward passes should be considered a priority for all players, as they can enhance ball circulation.
- Non-ball-carrying players should create passing lines to provide team-mates with options at all times and to create space.
- Intelligent off-the-ball movement helps to disrupt the opposition.
- Be patient in possession rather than trying to force passes that are not on.
- All players should move and support team-mates when not in possession. Standing still and waiting for the ball is likely to result in possession being lost.
- When possible, play quicker combinations such as one-touch passing, which can be more effective.