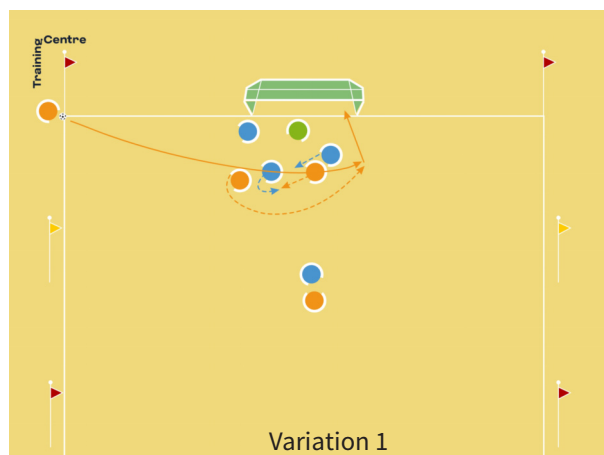
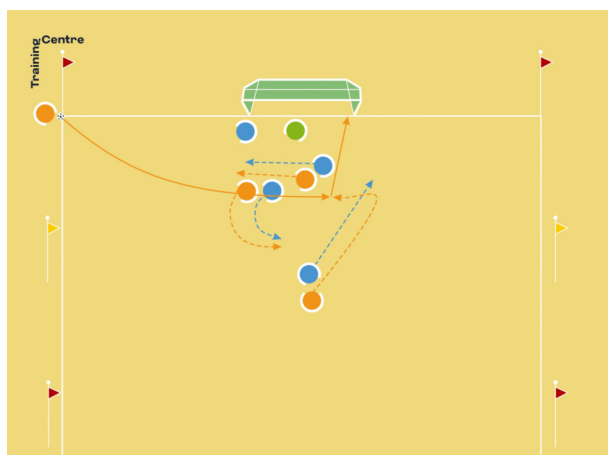


## Beach soccer —●— Corner kick



### Organisation

- The exercise is performed using one goal and involves a 4v4, plus a goalkeeper.
- Attacking team: one player takes the corner, while the other three players take up positions inside the penalty area. Defending team: three defenders mark player to player, while the other defender is positioned on the near post.

### Explanation

- Ask three of the defenders to mark player to player, while the remaining defender is tasked with defending the near post.
- Amarelle presents the corner-taking team with several attacking combinations. Firstly, the attacking players make rotational runs to free themselves of their markers, before the exercise progresses to passing combinations.

### Variations

- V°1: Vary the combinations and create specific match scenarios. Introduce the notion of blocking to allow a team-mate to free themselves of their marker.
- V°2: Rotate the teams. The attacking team become the defending team and vice versa

### Coaching points

- After performing each sequence several times, switch to the imaginary corner arc on the opposite side of the pitch to allow players to work on the combinations from different positions.
- Attacking players should attack the ball aggressively and at pace, while making various movements to confuse their opponents.
- Coaches should be creative and present players with various systems for this restart.

