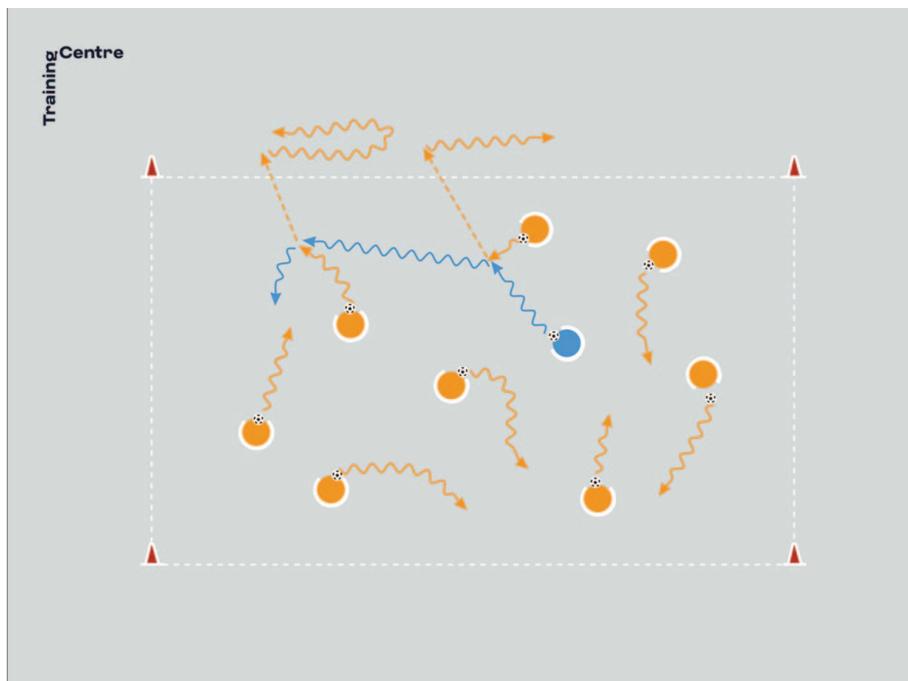


## Winner stays on



### WARM-UP: TAG GAME



#### Organisation

- Use as big a space as possible to start with
- Put the taggers in bibs and slowly increase the number of taggers
- After being tagged, children can practise dribbling outside the area while they are waiting

#### Ways to make the exercise easier

- Create safe zones inside the area where players cannot be tagged or lose the ball

#### Ways to make the exercise harder

- Decrease the space available
- Increase the number of taggers

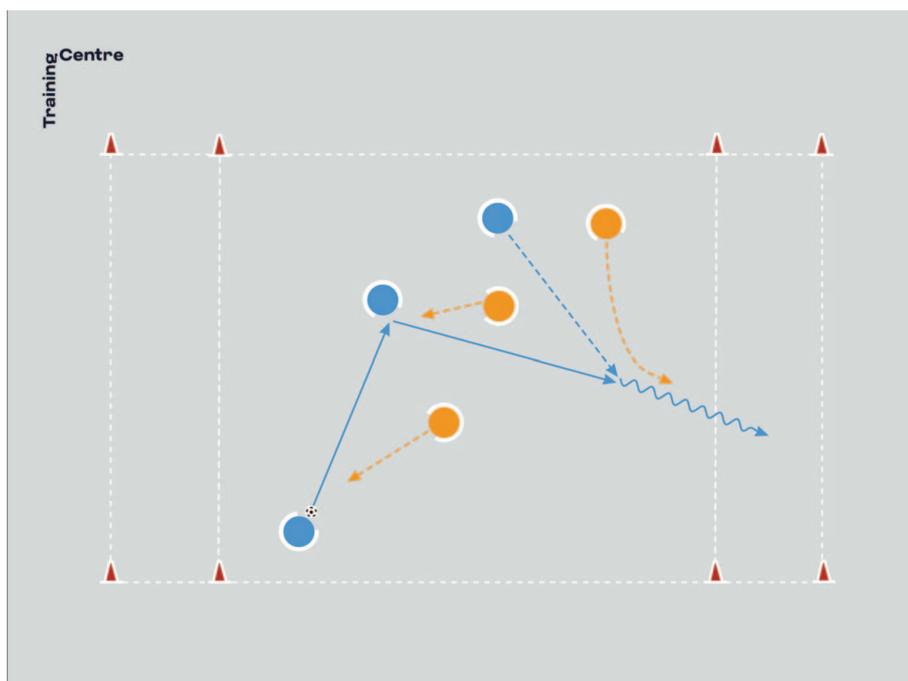
#### Great questions to ask the children

- Can you show me how to avoid the taggers?
- Can you show me how you can protect your ball?

#### Safety tips

- Players should keep their heads up as they move around

## SKILL DEVELOPMENT: END ZONE GAME



### Organisation

- Let the children pick their own team-mates
- Alternatively, pick the teams yourself and try to make them of equal ability
- Create clear end zones to run into and stop or receive the ball
- Make sure the children understand how to score points

### Ways to make the exercise easier

- Children can start by handling the ball and catching it in the end zone, or run into the end zone to score without being touched

### Ways to make the exercise harder

- Limit the number of touches per player
- Place conditions on how players must receive the ball in the end zone

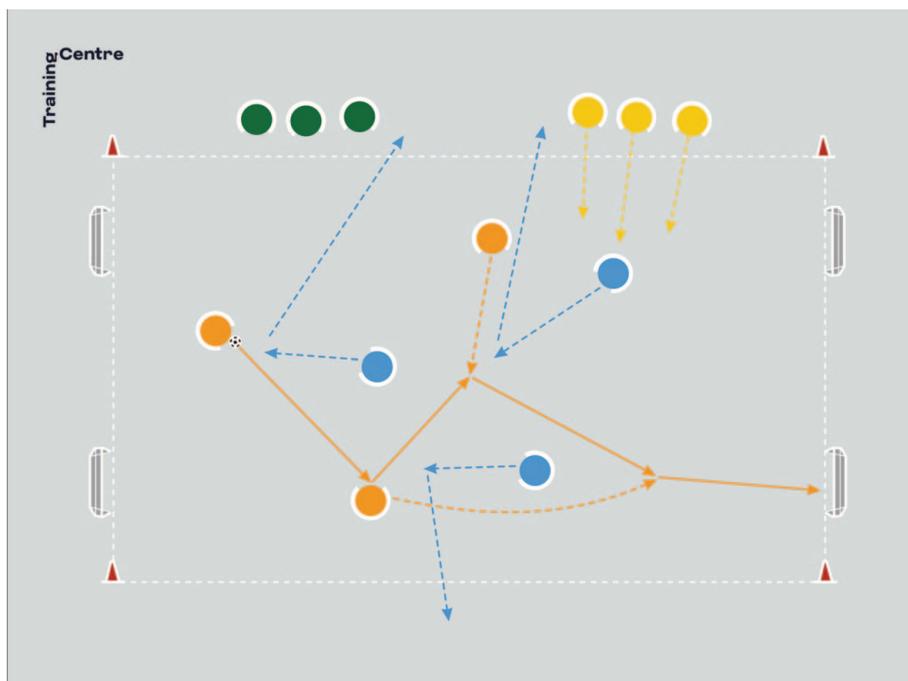
### Great questions to ask the children

- Can you play as a team?
- What should you do when you lose the ball?
- How can you find space to receive the ball in the end zone?

### Safety tips

- Create a safe zone between each pitch
- Ensure players have rest between pitch rotations

## GAME APPLICATION: 3V3 GAME, WINNER STAYS ONE



### Organisation

- Let the children pick their own team-mates
- Ask the children to referee their own match
- Ask the children to make up their own rules regarding when teams change
- Make team changes as quickly as possible, so that the next team are always ready to run on
- There should be no more than two teams waiting – create more pitches if needed

### Ways to make the exercise easier

- Children can use their hands to start with
- Give one team extra players

### Ways to make the exercise harder

- Limit the number of touches players can have on the ball
- Create scoring zones further away from the goal
- Make a team play with fewer players

### Great questions to ask the children

- How can you find space as a team? Show me
- What should you do when you lose the ball?
- Which is the best goal to try to score in?

### Safety tips

- Create a safe zone between each pitch