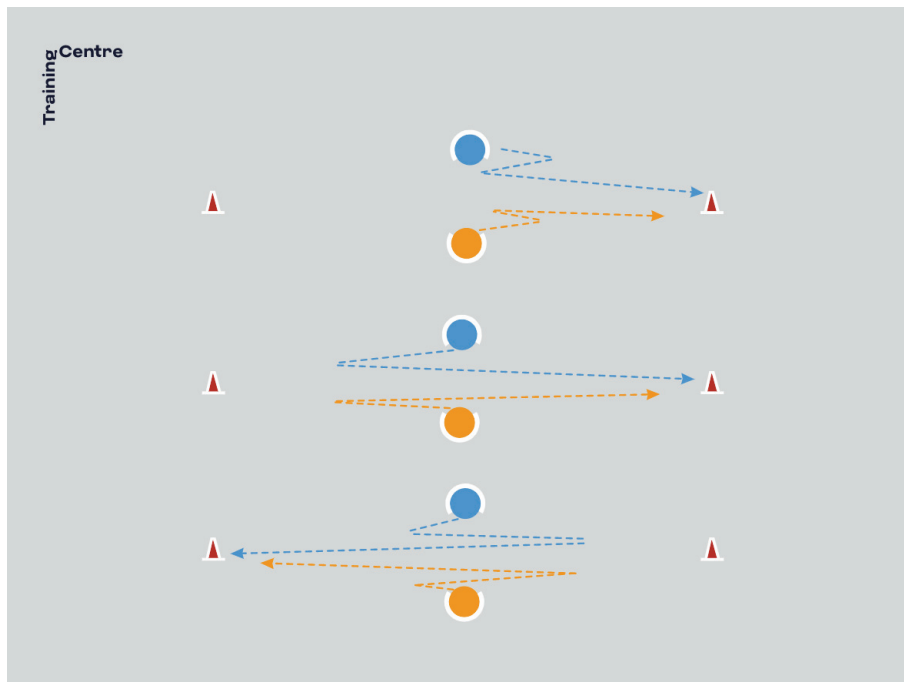


Different game environments

WARM-UP: REACTION GAME



Organisation

- Ask the children to pick their own partner of equal ability, or to challenge themselves
- Create lines for children to work across and leave space between each pair
- Players score a point each time they touch the cone before their partner
- Ask players to show you different ways to move between the cones

Ways to make the exercise easier

- To begin with, players can pretend they are looking in a mirror and just copy and follow to introduce movements
- Reduce the space between the cones

Ways to make the exercise harder

- Make it a race to touch the cone
- Allow players to dummy and change directions
- Move the cones wider apart

Great questions to ask the children

- How can you accelerate to the cone? Show me
- Can you be tricky and deceive your partner?

Safety tips

- Players should keep on their own side of the line
- Ensure there is sufficient space between each pair to avoid collisions

SKILL DEVELOPMENT: 3V3 GAME



Organisation

- Let the children pick their own team-mates
- Alternatively, pick the teams yourself and try to make them of equal ability
- Try to give each team a nice area to practise in, to encourage movement off the ball in order to receive possession

Ways to make the exercise easier

- Let the children decide how to pass and move between themselves and score a goal with no opposition

Ways to make the exercise harder

- Require a particular number of passes before a goal can be scored
- Introduce opposition

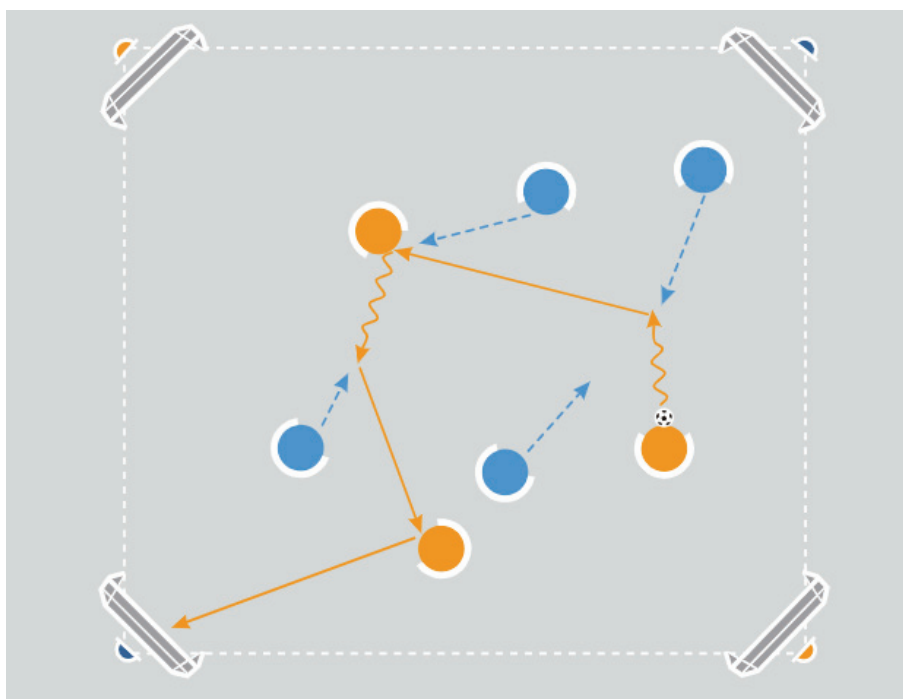
Great questions to ask the children

- Can you show me ways to pass the ball between you?
- Can you make sure the ball does not go off the pitch?
- Can you call for the ball when you want to receive it?

Safety tips

- Create a safe zone between each pitch
- Ensure players have rest between pitch rotations

GAME APPLICATION: 3V3 WITH 4 GOALS



Organisation

- Let the children pick their own team-mates
- Ask the children to referee their own match
- Rotate the teams after every couple of minutes

Ways to make the exercise easier

- Children can start by handling the ball
- Give one team extra players

Ways to make the exercise harder

- Limit the number of touches players can have on the ball
- Make a team play with fewer players
- Add the condition that teams have to score in all four goals to score a point

Great questions to ask the children

- How can you find space as a team? Show me
- What should you do when you lose the ball?
- Which is the best goal to try to score in?

Safety tips

- Create a safe zone between each pitch