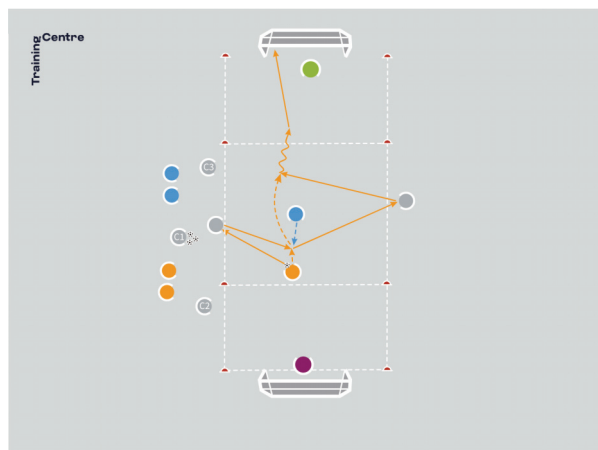
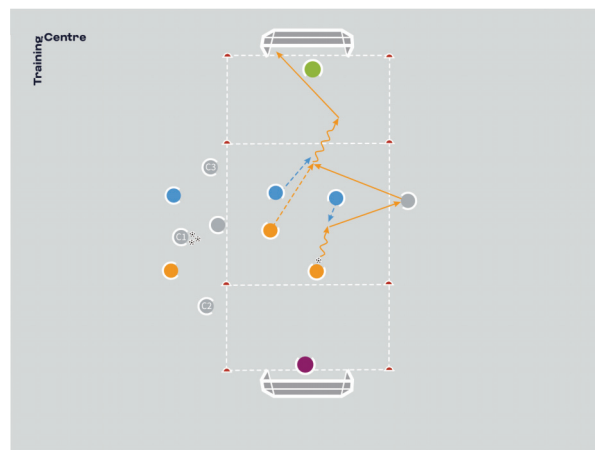


FIFA Talent Coach Programme

1v1 plus 2 small-sided game: Wall passes in tight spaces



Basic sequence



Variation

Organisation

- Mark out a 15m x 30m playing area.
- Place a full-size goal and a goalkeeper at either end of the playing area.
- Split the group into 2 teams (blues and oranges) and assign 2 neutral players (greys).
- Position the 2 neutral players on the outside of either side of the playing area, as shown in the graphic above.
- Place 1 blue and 1 orange player inside the playing area.
- Place the remaining blue and orange players along one side of the playing area.

Explanation

- The exercise starts with the orange player in possession.
- The orange player's objective is to score into the goal defended by the blue player.
- The orange player must play at least one wall pass with either neutral player to try to get in behind the blue player and finish on goal.
- Once the orange player's attacking sequence has finished, they swap roles with the blue player.
- The neutral players are limited to 2 touches.
- All players rotate roles after each minute of play.

Variation

- Set up a scenario involving a 2v2 plus 2.

Key coaching points

- If the defender doesn't step out to press, the ball-carrier should look to engage them in order to create passing angles and exploit the space left behind.
- If the defender steps out to press or is successfully engaged, the ball-carrier should recognise the opportunity to quickly combine with the wide player and make a run into the space behind to receive the return pass — executing a wall pass.
- To capitalise on the positional advantage of the player initiating the wall pass, wide players should look to play one-touch to reduce the defender's chance to recover.

Roles of the coach

- First coach: leads the session, intervenes to help the attacking player(s) to play successful wall passes and feeds balls into the playing area.
- Second coach: encourages the attacking player(s) from their position along the side of one half of the playing area.
- Third coach: encourages the attacking player(s) from their position along the side of the other half of the playing area to the second coach.