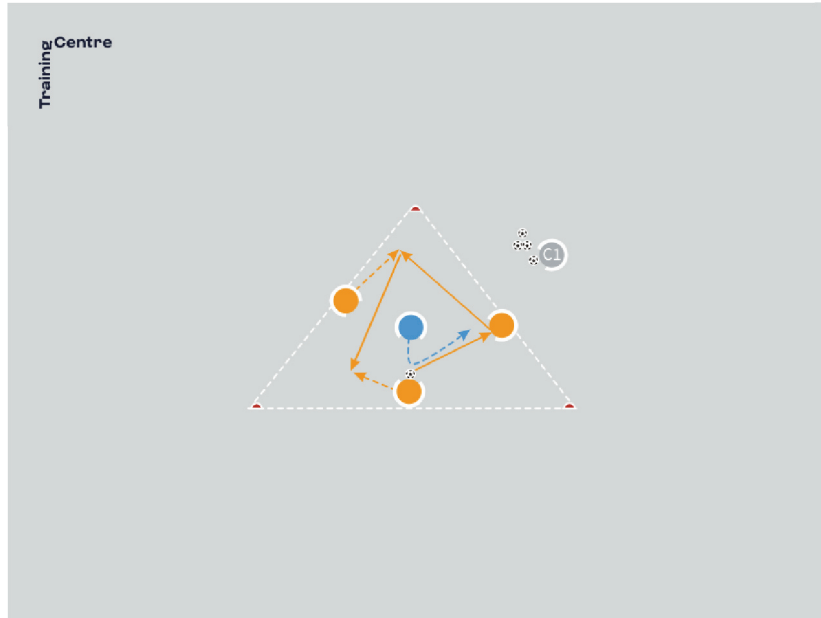


FIFA Talent Coach Programme

Finishing: 3v1 rondo: Fast readjustments



Organisation

- Mark out a 10m x 10m x 10m triangle.
- Position 3 attackers and 1 defender inside the triangle.
- Give the attacking team a ball.

Explanation

- The 3 attackers try to keep possession by passing the ball to each other.
- The defender presses the attackers to attempt to win the ball.
- If the defender wins the ball, they immediately switch roles with the player who lost possession.

Key coaching points

- Players off the ball should constantly move to create clear and varied angles of support for the ball-carrier.
- Players should recognise when to use one-touch passing to evade pressure and when to hold the ball to draw in a defender.
- Players should maintain optimal spacing—neither too close nor too far apart.

Roles of the coach

- Coaches the players on the positional adjustments that they should make.