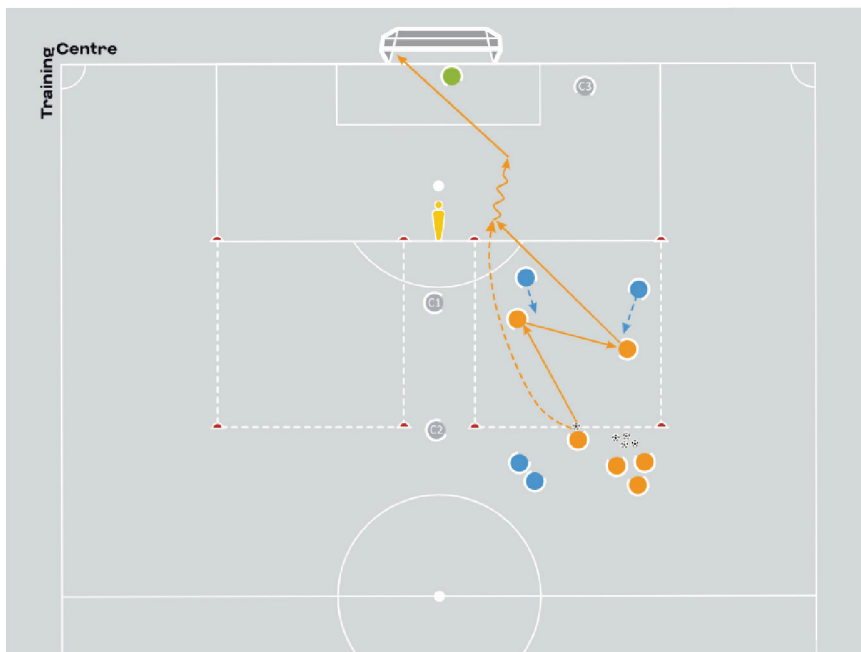


## *FIFA Talent Coach Programme*

### *3v2 Attack v. defence: Exploiting spaces between defenders*



#### **Organisation**

- Use half of a full-size pitch, a full-size goal and a goalkeeper.
- Mark out two 20m-wide channels on either side of the goal.
- Place a mannequin in line with the centre of the goal on the edge of the area as a reference point to represent a second centre-back.
- Split the group into 6 attackers and 4 defenders.
- Play a 3v2 in the area towards goal.

#### **Explanation**

- The ball starts with 1 of the 4 attackers who plays the ball in to one of the other attackers.
- The two attackers must move the ball around to create a goalscoring opportunity.
- The 2 defenders must try to delay and prevent the attack.
- The remaining players wait outside the area and rotate after each set.

#### **Key coaching points**

- The three attackers should spread out across the width over the playing area in three channels (left, centre, right) to stretch the two defenders and open passing or penetration options.
- If the defenders look to create a 'strong side' to create a 2v2 situation, attackers should exploit their numerical advantage by playing through or over the defensive shape.
- Off-the-ball players should use feints and deceptive movements to create and exploit space. For example, a short movement can draw the defender out of position, opening space to receive the ball in behind them.
- Players on the ball can create space for a team-mate by dribbling towards a defender and engaging them. By 'fixing' the defender a teammate can be left unmarked and free to receive.

#### **Roles of coaches**

- First coach: leads the session by explaining the exercise to the players and then observes both areas with interjections.
- Second coach: monitors and coaches a group of players in one of the areas.
- Third coach: observes and encourages players from behind the goal.